

Leadership Masterclass

Unlocking Leadership Mindtraps – Five Keys for Leaders to Thrive in Complexity

with *Patrice Laslett*

Patrice's colleague, author and consultant Jennifer Garvey Berger has recently published her latest book *Unlocking Leadership Mindtraps*.

Patrice will explore these mindtraps with us and give us an opportunity to see how we can unlock them. Jennifer was inspired to write the book after working with all types of leaders – from top executives at Google to non-profit directors who are trying to make a dent in social change. She hears a version of the same plea from every client in nearly every sector around the world: *"I know that complexity and uncertainty are testing my instincts, but I don't know which to trust. Is there some way to know what to do when I can't know what's next?"* Her newest work is an answer to this plea. Using her background in adult development, complexity theories, and leadership consultancy, Garvey Berger discerns five pernicious and pervasive "mindtraps" to frame the book. These are: the desire for simple stories, our sense that we are right, our desire to get along with others in our group, our fixation with control, and our constant quest to protect and defend our egos.

In addition to understanding why these natural impulses steer us wrong in a fast-moving world, leaders will get powerful questions and approaches that help them escape these patterns.

Join us for this half-day Masterclass with Patrice Laslett will provide you with 5 key ways to shift your leadership in ways that enable you to thrive in complexity.

You Will Learn

- What are these mindtraps
- How have they served us so far
- Why don't they work so well anymore
- Why these natural impulses steer us wrong
- Powerful questions and approaches to escape these patterns and unlock these traps
- To use tools that will shift mental habits

A must-attend event for contemporary leaders and their teams. Patrice has a rare ability to inspire audiences and leave them with actionable change strategies.

Who Should Attend

Essential for today's fast-paced context, leaders working in complexity and for those seeking to foster collective leadership. This Leadership Masterclass is an unmissable event for:

Business leaders; MDs, CEOs, Department heads; Marketing Managers, People & Culture Managers, Sales Managers, Team Leaders, Participants of high potential programs.

For the best results and the greatest impact, bring your team!

"We now need to choose a future that reaches beyond fear and into connection, beyond the safety of the simple and into the bounties and difficulties of complexity." Jennifer Garvey Berger

Contact us

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About Patrice

**Coach & Consultant
in Complexity at
Cultivating Leadership**

Patrice believes that today's world needs leaders who can thrive in complexity and with the right support and challenge, can grow the ability to do just that. To that end she specialises in coaching, consulting and facilitating programs that help coaches and leaders, individuals and groups, develop in ways that increase their fitness for both the complexity of work and the challenges of life.

Patrice has worked with people all around the globe in many different industries including technology, government services, not for profits, insurance, financial services and consulting firms. Along with Jennifer Garvey Berger and Carolyn Coughlin, Patrice is one of the core faculty for the Growth Edge Coaching certification program.

As a coach Patrice believes clients thrive when they are supported to bring their whole selves to the table and then challenged to explore the unfamiliar territory of who they are becoming. Within individual or group coaching conversations, and in leadership programs her clients experience a better understanding of what has been true for them up until now, and they develop an expanded view of what is possible. She supports her clients to make lasting changes as they explore and push their growing edges. She facilitates the conversations that clients want to have—or the more difficult ones they need to have.

Patrice loved being on the innovative leadership team of Cultivating Leadership for 4 years as they developed ways to work consciously with complexity principles and to walk their own talk. She is still Director of Cultivating Leadership Australia and has stepped off the leadership team to explore leadership from the edges of a system and to free up time for developing new ideas.

With a Masters in Organisational Psychology and registration with the Psychology Board of Australia she is also deeply interested in neuroscience, the links between mind and body, and ways that we can heal and grow through applying complexity thinking to the complex adaptive system of us as humans.

When not working Patrice loves to spend time with her husband and 3 adult children and their partners and enjoying life with friends especially if it involves being near or on the water and eating healthy and delicious food.

Cancellation Policy

We understand situations can change and hope they don't affect your ability to attend the program. If the intended participant is unable to attend, a substitute from the same organisation may attend in their place at no additional charge.

About Sarre ODL

Founded in 2000 by Debra Sarre, SarreODL exists to develop effective leaders, high performing teams and engaged individuals within the organisational setting. We support individuals to derive both satisfaction and challenge from their work whilst contributing positively to the success of their organisation.

Operating in today's complex context, more than ever, requires effective leaders, leading with compassion and strength to bring out the best in themselves, their teams and their colleagues. With a solid foundation in evidence-based, organisational and behavioural science research and practice, SarreODL partners with clients to inspire, grow and contribute to the growth and positive influence in their teams, organisations and communities.

Program details

For further enquiries, please email either Evelyn Wagner or Debra Sarre at enquiry@sarreodl.com.au or phone +61 (0) 407 431 007.

Venue

The Armoury, [located behind the SA Museum],
North Terrace, Adelaide

Date

Friday, 21 June 2019

Time

½ day – 9.00am – 12.00pm

Fee

\$275 (incl GST) per person
Speak with us about a discount for your team (5 +)

Registration

To register for this Masterclass please visit
www.sarreodl.com.au/customised-and-open-enrolment

[Register](#)

sarreODL
Organisational Development & Learning



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